



Nottinghamshire Local Medical Committee

Green choices today, a healthier practice tomorrow

Green Champion Welcome Pack

Nottinghamshire Local Medical Committee formed its Green Group in December 2021 to promote green initiatives and sustainability within practices. We are looking to offer quick, simple changes as well as long term changes that practices can do to become greener – from correct recycling bins to inhaler prescribing.

There are lots of resources available to practices, and as a Green Champion, we wanted to make things as easy as possible to know where to start!

LMC Buying Group

The [LMC Buying Group](#) helps GP practices save money on products and services they regularly buy – and membership to the LMC Buying Group is free! Suppliers include waste management and an energy broker.

<https://www.lmcbuyinggroups.co.uk/suppliers/waste-management-clinicaltrade>

<https://www.lmcbuyinggroups.co.uk/suppliers/energy-broker>

Green Impact for Health

The Royal College of General Practitioners has developed a Green Impact for Health Toolkit which aims to help general practice improve their sustainability and environmental impact; reduce their harmful impact on planetary health, the risks of climate change and reduce their practice expenses.

You can create an account [here](#), where you will be able to work towards bronze, silver and gold awards in different environmental impact areas.

Greener NHS

The NHS have developed a campaign toolkit to empower NHS staff to build a more sustainable NHS. The staff campaign is built around the creative platform, 'Healthier planet. Healthier people.', which has been developed in collaboration with colleagues across the NHS at different levels and in different clinical and support roles.

The toolkit can be found here, [NHS Greener Campaign Toolkit](#), which provides an overview of the campaign, key messages, guidance on using the campaign and a set of FAQs.

Posters and logos can be found on Public Health England resource section - [For a greener NHS | Campaign Resource Centre \(phe.gov.uk\)](#)

Royal College of General Practitioners

The RCGP acknowledges the climate crisis and the catastrophic effect on human health of not acting decisively and urgently. The College accepts its duty to provide leadership, and urgently escalate its action at local, regional, and national level to decarbonise and promote environmental sustainability (RCGP council motion, September 2019). Information of their sustainable development, climate

change and green issues can be accessed here: <https://www.rcgp.org.uk/policy/rcgp-policy-areas/climate-change-sustainable-development-and-health>

The RCGP has a free carbon calculator for general practices [GP Carbon website](#). Examples of actions that can be taken include:

- Reducing unnecessary patient and staff travel
- Promoting active travel (walking, cycling)
- Reducing energy use
- Switching to renewable energy sources
- Choosing sustainable goods and services

Greener Practice

Greener Practice is a community of healthcare professionals working together to inspire sustainable primary care. You can find information on the group and join their network here: <https://www.greenerpractice.co.uk/>.

November 2022