

Money Saving Tips

The Notts LMC Green Group want to share ideas that can save practices money, whilst also working towards being more sustainable.

Paper

Do your staff know how to print and photocopy double-sided? By printing double sided, this saves nearly half the amount of paper needed. The LMC Buying Group has a stationary supplier that can add to this cost saving.



Batteries

Where possible, rechargeable batteries will be a long term saving, both environmentally and monetary. If single use batteries are used, dispose of at battery recycle points rather than throwing them in the bin.



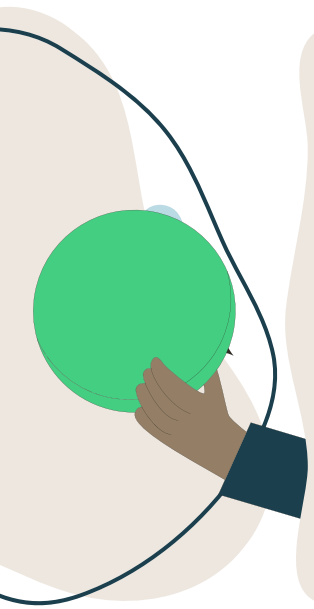
Water

There are some simple actions that practices can take to save water, such as not washing pots under a running tap, having washing-up bowls in kitchen sinks and only using dishwashers when they are full.



Kettles

This may seem an obvious one: if you're making four cups of tea, only put four cups of water in the kettle. There's no point boiling more water than you need. It will take longer, and it will use more energy.



Toilets

Dual-flushing toilets are increasingly common but often do not make it obvious which button creates a shorter, water-saving flush. By labelling any dual-flushing toilets, you are saving the amount of water used.

