



Tips on improving energy efficiency

The Notts LMC Green Group want to share ideas on how practices can improve energy efficiency in practice

Replace existing lighting with LED lighting. This can be done as an entire replacement, room by room or when existing lighting fails.

Install daylight and motion sensor that will automatically turn off lighting when not in use. Daylight sensors can reduce energy use by up to 40%, and motion sensors can reduce electricity use by 30%.

Enable power save settings and 'sleep mode' on computers and associated equipment when not in use for a set period of time.

Consider reviewing the heating schedule, so the building reaches 'Set Point' closer to the practice opening times. If staff can change the thermostat on radiators, ensure it is reset afterwards.